



Lauren grew up in Vail, Colorado where she played for Vail Valley Soccer Club. She moved to Florida during her junior year where she attended the IMG Academy for her last two years of school. She played for Division 1 Northeastern University and also played for the Bradenton Athletics W-League team. She earned her master's degree in Exercise Science in 2012. She has been coaching since 2009 and has been with the Rush since 2012, first with the North Area branch and now with Rush Pikes Peak. Lauren holds her USSF "B" License and USSF Youth License as well as an NSCAA National Diploma.

Lauren is the Digital Brand Manager and Micro Programs Manager for Rush Pikes Peak, handling all of the social media for the club and our U3-U5 programs.

Teams:

'97-'98 Rush Girls

'01-'02 Rush Girls