Rush Pikes Peak is proud to offer the best goalkeeper training in Colorado Springs. All competitive goalkeepers are invited to train in an 8 week program each season to help improve their technical abilities, reading the game, fitness and goalkeeper psychology. For the latest updates to schedule changes, please call the Rush Pikes Peak Goalkeeper Hotline at **719.222.1006**. This line will be updated at least 1 hour before the start of each session.

Goalkeeper training for Fall 201has concluded. Please check back soon for information on Winter and Spring training.

Goalkeeper sessions **TAKE PRECEDENCE** over team and staff training sessions.

Goalkeepers are expected to be on time with a ball, water and proper training gear. Long sleeve shirts and pants are recommended.

Rush Pikes Peak GK hotline: **719.222.1006** (please check the hotline for any training updates!)

Goalkeeper Coaching Point of The Week:

Please see below for the Rush Pikes Peak Goalkeeper Coaching Point of The Week. These simple tips can help team coaches and goalkeepers take their game to the next level. Click any of the links below for a downloadable and printable document. Check back often for updates to this section!

#1 - Punting

#2 - Punting to Attack

#3 - Communication

#4 - Playing Out of The Back

#5 - Gloves

#6 - Position Relative to Team When in Possession

#7 - Saving Penalties

#8 - Dealing With Breakaways

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#9 - Presence

#10 - Dealing With Backpasses

For any questions concerning the Goalkeeping Program, please contact Erich Bartelt
, Director of Coaching - Goalkeeping at ebartelt@rushpikespeak.com.

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